



Lutheran HealthCare
Rehabilitation Services

Do you?



Suddenly need to go to the bathroom and are afraid you may not make it in time?

Wake up several times each night to run to the bathroom?

Leak urine when you cough, laugh or sneeze?

Physical Therapy Services for Women Suffering from Loss of Bladder Control

The loss of bladder control doesn't have to be a part of aging or an inevitable result of childbirth or menopause. It is a medical condition with many different causes, some simple and temporary and others more involved and long term. If you are having trouble with the loss of bladder control, don't hesitate to see your doctor. Treatment options range from simple muscle exercises to surgery. Modern products and methods of managing bladder control can ease discomfort and inconvenience. Your doctor can refer you to Lutheran HealthCare Rehabilitation Services for treatment.

For additional information about this and other programs available at Lutheran HealthCare's Rehabilitation Services visit our website at www.LutheranMedicalCenter.com

To make an appointment, call us at:

718-921-2945

Medicare, Medicaid and other major insurances accepted. For patients without insurance, a sliding fee scale is available.

Directions

Shore Road Sports Therapy & Rehabilitation
9000 Shore Road, East Building.

Our entrance is located on 91st Street between Shore Road and Colonial Road, in the lower lobby of the Shore Hill Housing complex.

Subway: R to 95th Street

Bus: B16 to 90th Street