



**Lutheran  
Medical Center**

**The May Ellen and Gerald Ritter  
Diagnostic Cardiac  
Catheterization Laboratory**



**Preventing And Diagnosing  
Heart Disease Is Our Highest Priority**

# Our state-of-the-art Cardiac Catheterization Laboratory provides diagnostic cardiac testing.

## What is Cardiac Catheterization?

Cardiac catheterization is a special diagnostic procedure that involves passing a catheter (a thin, flexible tube) through an artery or vein to the heart to produce high quality pictures of the heart.

## How Should I Prepare for Cardiac Catheterization?

A member of Lutheran's cardiology team will explain the procedure, discuss the risks and benefits, and answer your questions. Preadmission tests will be performed, including blood work, chest x-rays and an EKG. You cannot eat or drink before the procedure.

## What Happens After Cardiac Catheterization?

After the procedure, you should remain lying down for a few hours. To prevent bleeding, you will be asked not to move your arm or leg where the catheter was inserted. You are allowed to eat and drink during your recovery. A member of Lutheran's cardiology team will explain the results of the procedure to you.

To find a *Lutheran Cardiologist* or for additional information visit our website at:

[www.LutheranHealthCare.org](http://www.LutheranHealthCare.org)

or call us at:

**718-630-RXRX (7979)**

Lutheran accepts most insurance plans. For patients without insurance, a sliding fee scale or payment plans are available. We can help you to apply for low cost or free insurance if you qualify. For more information, please call 718-630-6252 for free and private help.



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