

## Am I A Candidate For Bariatric Surgery?

Surgically assisted weight loss is a major decision. Depending on how you answer the following questions, surgery may be your best option to lose weight, eliminate or diminish health problems associated with obesity and improve the quality of life.

- Are you between the ages of 18 and 65?
- Have you tried and failed other medically supervised weight loss programs?
- Are you 100 pounds or more overweight?
- Do you have a BMI of 40 or above?
- Do you have a BMI between 35 and 39 and are being treated for one of the following diagnoses?
  - Diabetes
  - Coronary heart disease
  - Hypertension
  - Sleep apnea
- Have you had a stroke or heart attack?
- Has a primary care physician recommended weight loss?

**Answers to the above questions will be the determining factors to see if you are a candidate for a surgically assisted weight loss intervention.**